



AUGUST 2023 PROGRAMS

All Programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodations available upon request. All programs **meet at the Mount Greylock Visitor Center** unless otherwise noted. For additional information, program registration and weather updates, call the Visitor Center at (413) 499-4262.

OPEN DAILY	VISITOR CENTER, 9:00 a.m.—4:00 p.m. 30 Rockwell Road, Lanesborough. Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.
DAILY, ONGOING, AUGUST 1—31	STORYWALK® STROLL, Dawn to Dusk Suitable for young children. Enjoy a story, fresh air and exercise! This self-guided walk through the Visitor Center meadow features the children’s book “Summer's Flight, Pollen's Delight” by Flora C. Caputo. Visit colorful pages of the book posted along the grassy meadow path. A wonderful story is waiting for you on this easy StoryWalk® stroll. <small>The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg-Hubbard Library. Story Walk® is a registered service mark owned by Ms. Ferguson. This StoryWalk® is provided by Massachusetts Department of Conservation and Recreation Interpretive Services.</small>
SATURDAYS, & SUNDAYS, (EXCEPT 8/20)	SCENIC SUMMIT TOURS, 1:00 p.m. & 2:00 p.m. All ages. Park Interpreter-guided short and easy walk along paths explore the cultural landscape and unique ecology of the highest point in Massachusetts. Wheelchair accessible. Two program each day at 1:00 p.m. and 2:00 p.m. Program duration 20—30 minutes. Meet at the circular bronze relief map at the summit. Parking fee may apply.
SUNDAYS, ONGOING	NATURE SCAVENGER HUNT, 10:00 a.m.—3:00 p.m. For children and families. Several self-guided “seek and find” scavenger hunts are available for different age and skill levels at the Visitor Center and at the Summit during program times.
FRIDAYS, AUGUST 4 & 18	NICE AND EASY HIKE, 11:00 a.m.—1:30 p.m. Easy-paced, one to 3-mile guided hikes, geared toward seniors but open to all ages. Join other hiking enthusiasts! Dress for weather, wear sturdy boots. Bring drinking water, a snack and bug spray. Inclement weather cancels. Meeting locations vary each week. Call (413) 499-4262 to pre-register.
FRIDAYS, AUGUST 11 & 25	DISCOVER GREYLOCK HIKES, 11:00 a.m.—1:30 p.m. Free. For all ages. Hike with a Park Interpreter to explore exciting, hidden features of Mount Greylock. Hike may include exploring waterfalls, flora and fauna, and historic sites. Program may also incorporate trail skills, outdoor stewardship, and bear awareness. Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen. Meeting locations may vary. Call (413) 499-4262 for meeting locations, to register, and check weather updates.

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coming events



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THURSDAYS, AUGUST 3, 10, 17 & 24 **JUNIOR RANGER PROGRAM, 10:00 a.m.—12:00 p.m.**
Free. For ages 8—12. Junior Rangers is a fun opportunity for children to discover the region’s state parks and learn outdoor skills. Seven weekly program sessions re led by DCR Park Interpreters at different state parks. **Pre-registration is requested. Parents and/or guardians are required to participate.** Please note, park locations change each week. Program held every Thursday from July 13 through August 24. Call (413) 499-4262 for registration and program details, or visit us on Facebook at <https://www.facebook.com/DCRMountGreylock/events> (all Mount Greylock Events)

SPECIAL EVENTS

SUNDAY, AUGUST 6 **MOUNT GREYLOCK THROUGH TIME AND SPACE 5:30 p.m.—6:30 p.m.**
Free for all ages. Join us for an entertaining slide show journey through time as we explore some of the unusual and forgotten events that identify Mount Greylock as a special place. With a history dating to its geological formation 400 million years ago through its evolution as a public tourist destination, this show offers a surprisingly alternate view of the oldest wilderness state park and highest point in Massachusetts. **Meet inside Bascom Lodge.**

SATURDAY, AUGUST 12 **MT. GREYLOCK PHOTO GROUP MEET-UP, 10:00 a.m.**
For all ages and skill levels. Everyone who loves nature and the opportunity to photograph the beauty of majestic mountain landscapes! Meeting locations vary. Bring along your camera, tablet or cellphone. Program duration 90 minutes - 2 hours. **Call the Visitor Center at (413) 499-4262 for meeting locations,** directions, and weather updates. For more details, visit us on Facebook at <https://www.facebook.com/groups/427752957932877>.

SUNDAY, AUGUST 13 **INSPIRATIONAL GREYLOCK, 1:00 p.m.—2:30 p.m.**
Ages 12 and older. Mount Greylock has historically inspired numerous artists and literary figures - from Thoreau to Melville and Cole to Church to present day artists. Join us for a summit stroll, visiting our quote rocks and discussing views and reasons why the mountain has inspired creatives for centuries. Be prepared for the weather, wear sturdy shoes, bring water, a snack, bug spray and sunscreen. **Meet at the Summit relief map.** Parking fees may apply. Program duration 90 minutes. Inclement weather cancels. Please call (413) 499-4262 to **Pre-Register** and verify program status.

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SATURDAY,
AUGUST 19

MOUNTAIN MINDFULNESS: YOGA HIKE, 9:30 a.m.

Ages 12 and older. Join Suzy and Jean on this family friendly, guided mindful yoga hike incorporating elements of forest bathing, yoga, meditation and mindful breathing, along a mile long section of the Appalachian Trail, culminating in a wonderful yoga practice near the summit! Dress in layers for outdoor hiking in variable weather. Wear sturdy boots or shoes. Hiking poles may also be advisable. Bring water and a snack. Children under 18 must be accompanied by an adult. Program duration 2.5 - 3 hours. **SPACE IS LIMITED.** For details, directions and to **Pre-Register**, call the **Visitor Center (413) 499-4262** or visit us on Facebook at <https://www.facebook.com/events/1914999318878329>

SUNDAY,
AUGUST 20

FAMILY BIKE PROGRAM, ASHUWILLTICOOK RAIL TRAIL, 11:00 a.m.—2:00 p.m.

Free for all ages. Explore the Ashuwillticook Rail Trail with a Park Interpreter and volunteers from the Berkshire Bike Path Council. Learn about bike safety, enjoy bike decorating, receive a FREE bike light and safety check from a local bike shop expert. **Meet at the Rail Trail Entrance on Route 7/8 Connector in Lanesborough.** Bring your bike and drinking water. Wear your helmet and weather appropriate clothing. Call the **Visitor Center at (413) 499-4262** for more details. Co-sponsored by the Berkshire Bike Path Council.

WEDNESDAY,
AUGUST 30

BLUE MOON FOLKLORE WALK, 7:00 p.m.—9:00 p.m.

Free for all ages. Join Park Interpreters for a family-friendly, fun-filled evening story walk as we celebrate the mysteries of the Full “Blue Moon.” Hear compelling folk tales and legends from a diversity of cultures reflecting the human fascination with natural phenomena. The walk follows an easy meadow area with mowed paths. Children under the age of 18 must be accompanied by an adult. Bring water, a snack, bug spray, and a headlamp. **Meet at the Visitor Center.** Rain cancels. For more details and to **Pre-Register**, call the Visitor Center at **(413) 499-4262.**

